



Icssoma Farm LLC

11114 Falstaff Rd
Sebastopol CA, 95472
(707) 829-3600



HORSE ACTIVITIES COME WITH THESE WARNINGS

Recipient(s) name(s): _____

Address: _____

Phone: _____ Emergency Phone: _____

E-Mail Address: _____ May we e-mail you regarding activities such as camps, clinics and demonstrations at Icssoma Farm LLC? Yes/no

Health Insurance/Policy Number: _____

The recipient(s) of this form is/are warned as follows (please initial each section):

***Please initial* _____ Section 1. Attire**

A. PROTECTIVE HEAD GEAR: Each horse handler and/or rider should consider wearing properly fitted and secured protective head gear (equestrian riding helmet), preferably bearing the standard ASTM F1163 emblem. Wearing of such head gear while mounting, riding, dismounting and being around horses may prevent or reduce the severity of some head injuries, and may even prevent death as the result of a fall and/or other occurrences.

B. FOOT PROTECTION: Horse handlers and riders should wear hard, smooth-soled Western or English riding boots with heels (and socks) to provide protection for the feet in the event that a horse steps on a foot, and also to assist in preventing the foot from slipping all the way through the stirrup and becoming caught while riding, mounting, dismounting and/or other occurrences. Soft socks provide additional protection against chafing and allow for easier removal of the boot from the foot.

C. CLOTHING: Horse handlers and riders should wear long pants to protect their legs, and riders should also consider wearing equestrian pants, breeches or jodhpurs with leather inner knee/calf patches, chaps or other leggings that provide inner leg grip and added stability in the saddle.

***Please initial* _____ Section 2. Inherent risks**

NATURE OF HORSES: Horseback riding and other horse activities are classified as RUGGED ADVENTURE RECREATIONAL SPORT ACTIVITY, and there are numerous obvious and non-obvious inherent risks always present in such activities despite all safety precautions. No horse is a completely safe horse. Horses are 5-15 times larger, 20-40 times stronger and 3-4 times faster than a human. If a rider falls from a horse to the ground it will generally be from 3 ½ to 5 ½ from the ground and the impact may result in injury to the rider. Horseback riding is the only sport where one much smaller and weaker predator animal, the human, tries to control and become a unit of movement with another much larger and stronger prey animal, the horse, with each having a limited understanding of the other. If a horse is frightened or provoked it may divert from it's training and act according to its natural survival instincts which may include, but are not limited to: stopping short; changing direction or speed at will; shifting its weight from side to side; bucking; rearing; biting; kicking; or running away from what it perceives as danger.

STATEMENT OF AWARENESS

"I/WE HAVE READ AND FULLY UNDERSTAND THESE WARNINGS CONCERNING HORSE ACTIVITIES."

Child's name _____ Parent name: _____

Signature: _____ Date: _____

Parent name: _____

Signature: _____ Date: _____